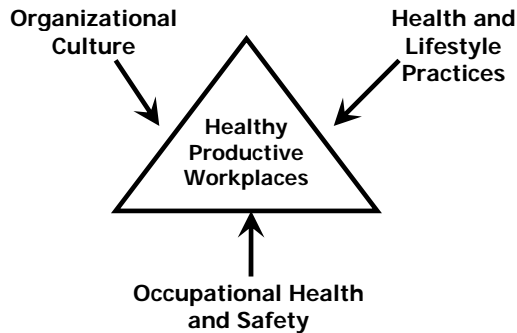




## Comprehensive Workplace Health Model



The three elements of the Comprehensive Workplace Health Model include a focus on awareness, skill-building and supportive environments.

**Occupational Health and Safety** includes reducing work-related injury, illness and disability by addressing the physical environment and other aspects of the workplace environment, such as:

- Air quality
- Injury prevention
- Emergency response & pandemic preparedness
- Workplace accommodation
- Physical, chemical & biological hazards
- Disability prevention
- Violence
- Lighting
- Noise control
- Ergonomics

**Health and Lifestyle Practices** include individual behaviours and organizational strategies such as:

- Physical activity
- Healthy eating
- Healthy weights
- Tobacco use
- Drug & alcohol use
- Immunization
- Reproductive health
- Sun safety



# Ontario Healthy Workplace Coalition

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*Supporting comprehensive workplace health in Ontario*

**Organizational Culture** includes psychosocial issues in the workplace environment. It focuses on factors that affect the interaction between people, their work and the organization and may include:

- Communication
- Social support
- Beliefs, values & norms
- Management practices
- Worker attitudes & perceptions
- Organization of work
- Job satisfaction
- Job control & decision making
- Leadership style
- Work-life balance